



Holy Cross
ANGLICAN CHURCH

Established 1966

Theme 2009:

***“PROCLAIMING THE GOOD NEWS
THROUGH MISSION & MINISTRY”***

Sunday March 1, 2009

(242)-393-2428, 393-6163, 393-6167 (Administrative Offices)
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Soldier Road at Highbury Park
P.O. Box SS-5808
N.P. Bahamas

MISSION STATEMENT

***Holy Cross Anglican Church exists to bring people,
transform people, and equip people to live their full
potential within the body of Christ.***

HOLY CROSS ANGLICAN CHURCH

*Be thoughtful, be silent, be reverent, for this is the House of God.
Before the Service, speak to the Lord, during the Service,
Let the Lord speak to you; after the service, speak to one another.*

Rector:

*The Rev'd Fr. Norman D. Lightbourne
Residence: 364-4029*

Assistant Curate & Youth Director:

*The Rev'd Fr. Ethan P. J. Ferguson
Residence: 242-324-9813*

Catechist /Priest's Warden:

*Mr. Maxwell S. A. Turner
Residence: 393-6241*

People's Warden:

*Mr. Robert A. F. Bartlett
Office: 322-2341*

VESTRY MEMBERS

Treasurer: Craig Tony Gomez

Sonia Bowe-Adderley
Nickola Dawkins
Veronica Hanna
Sonia Wallace

Bertel Holder
Patricia Hermanns
Jacqueline Wells
Quinn McCartney

Secretary: Debbie Smith

Kyran Turnquest
Reginald Saunders
April Turner
Bernard Turner

HEADS OF ORGANIZATIONS/MINISTRIES

The Anglican Church Men

Trevor Bethel

The Parish Youth Council

Dania Holder

Stewardship Ministry

Sonia Wallace

The Auxiliary

Villann Johnson

Usher Ministry

Beverly Archer

The Anglican Church Women

Charlene Rodgers

Christian Achievers

April Turner

Sunday School Ministry

Brenda Cooper

Social Outreach Ministry

Jacqueline Burrows

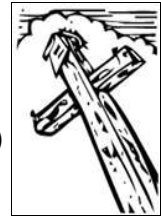
Altar Servers' Guild

Eddie Williams

**“YEAR OF RESTORATION”
WELCOME TO ALL VISITORS!**

(Please complete the blue visitors card at the ushers desk)

FIRST SUNDAY IN LENT



**7:00 A.M. SAID EUCHARIST
ORDER OF SERVICE**

Introit Hymn*O Thou Who Dost To Man Accord 86 A&M*
Opening Sentences
Prayer of Intention.....BCP 101
Collect for Purity
The Kyries
Collect BCP 163
The First Lesson.....Mrs. Rosaline Johnson
Psalm25:3-9
The Second Lesson..... Ms. Valerie Johnson
Gradual Hymn*O Merciful Creator, Hear 87 A&M*
The Holy GospelMark 1:9-13
The Sermon
The Apostle’s CreedBCP 106
The IntercessionForm C - BCP 108
Mrs. Alexandria Cartwright
The Act of Penitence
The Exchange of Peace
The Offertory Hymn*By Precepts Taught Of Ages Past 85 A&M*
The ConsecrationForm E - BCP 142
Communion Hymns*I Am Thine O Lord 41 MB*
Lord When You Come To The Seashore 91 MB
Post-Communion Prayer.....BCP 148
Announcements/Notices/Birthdays
Recessional Hymn*Christian Dost Thou See Them 91A&M*

9:00 A.M. FAMILY EUCHARIST

Introit Hymn*O Thou Who Dost To Man Accord 86 A&M*
Opening SentencesBCP 100
Collect For Purity.....BCP 101
The KyriesBCP 102
The Collects

First Sunday In Lent :BCP 163

Almighty God, whose blessed Son was led by the Spirit into the wilderness and was tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen

Ash Wednesday

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.





The Liturgy of the Word

The First LessonMrs. Sonia Gill

Reader : A Reading from the Word of God written in Genesis 9:8-17

8. God said to Noah and to his sons with him, 9. "As for me, I am establishing my covenant with you and your descendants after you, 10. and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. 11. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." 12. God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: 13. I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. 14. When I bring clouds over the earth and the bow is seen in the clouds, 15. I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. 16. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." 17. God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Reader: The Word of the Lord.

All: Thanks be to God.

THE PROPER PSALM25:3-9

Do not let those who wait for you be put to shame;
let them be ashamed who are wantonly treacherous.

⁴Make me to know your ways, O LORD;
teach me your paths.

⁵Lead me in your truth, and teach me,
for you are the God of my salvation;
for you I wait all day long.

⁶Be mindful of your mercy, O LORD, and of your steadfast love,
for they have been from of old.

⁷Do not remember the sins of my youth or my transgressions;
according to your steadfast love remember me,
for your goodness' sake, O LORD!

⁸Good and upright is the LORD;
therefore he instructs sinners in the way.

⁹He leads the humble in what is right,
and teaches the humble his way.

Glory to the Father and to the Son and to the Holy Spirit
As it was in the beginning, is now and shall be forever. Amen

The Second LessonMrs. Karen Walcott

Reader: A Reading from the Word of God written in 1 Peter 3:18-22

18. Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, 19. in which also he went and made a proclamation to the spirits

in prison, 20. who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. 21. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, 22. who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Reader: The Word of the Lord

All: Thanks be to God.



The Gradual Hymn*O Merciful Creator, Hear 87 A&M*

The Holy Gospel**Mark 1:9-13**

Gospellor: The Lord be with you

All: And also with you

Gospellor: A Reading from the Holy Gospel According to Mark 1:9-13

All: Glory to Christ our Saviour

9. In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. 10. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. 11. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." 12. And the Spirit immediately drove him out into the wilderness. 13. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

The Gospellor: This is the Gospel of Christ

All: Praise to Christ our Lord

Praise & Worship

The Sermon

IntercessionsForm C - BCP 108

Mrs. Nicole Gray

Act of Penitence.....BCP 123

The Greeting of Peace

First Offertory Hymn*By Precepts Taught Of Ages Past 85 A&M*

Second Offertory Hymn*Sweet Saviour! In Thy Pitying Grace 490 A&M*

The Liturgy of the Eucharist

Sursum Corda.....BCP 126

The Preface

Eucharistic PrayerForm E - BCP 142

The Lord's Prayer

The Breaking of the Bread

The Invitation

The Agnus Dei

Communion Devotional.....*Take The Bread and Take The Wine*

Take the bread and take the wine, prepare for the meal of the Lord

Let us recall the Saviour's words, "Do this in remembrance of me"

I do believe, I do believe that Jesus died for me.

And by his blood, His precious blood One day I will be free.



Communion Hymns

I Am Thine, O Lord

I am Thine, O Lord, I have heard Thy voice,
And it told Thy love to me;
But I long to rise in the arms of faith
And be closer drawn to Thee.

Consecrate me now to Thy service, Lord,
By the power of grace divine;
Let my soul look up with a steadfast hope
And my will be lost in Thine.

Refrain:

*Draw me nearer, nearer blessèd Lord,
To the cross where Thou hast died.
Draw me nearer, nearer, nearer blessèd Lord,
To Thy precious, bleeding side.*

O the pure delight of a single hour
That before Thy throne I spend,
When I kneel in prayer, and with Thee, my God
I commune as friend with friend!

There are depths of love that I cannot know
Till I cross the narrow sea;
There are heights of joy that I may not reach
Till I rest in peace with Thee.

Anthem.....Senior Choir

Lord When You Came To The Seashore

Lord, when you came to the seashore
you weren't seeking the wise or the wealthy,
but only asking that I might follow.

REFRAIN:

***O Lord, in my eyes you were gazing,
Kindly smiling, my name you were saying;
All I treasured, I have left on the sand there;
Close to you, I will find other seas.***

Lord, you knew what my boat carried:
neither money nor weapons for fighting,
but nets for fishing my daily labor.

Lord, have you need of my labor,
hands for service, a heart made for loving,
my arms for lifting the poor and broken?

Lord, send me where you would have me,
to a village, or heart of the city;
I will remember that you are with me.



Post Communion Prayer.....BCP 148

The Blessing

Greetings/Announcements/Birthdays

The Recessional Hymn*Christian, Dost Thou See Them 91 A&M*

**NO EVENSONG
THE DIOCESAN MISSION
AT SAINT JOHN'S COLLEGE
AT 7:00 P.M**



PLAN TO ATTEND THE ANGLICAN DIOCESAN MISSION WHICH WILL BE HELD 1ST, 2ND AND 3RD MARCH 2009 BEGINNING AT 7:00 P.M. NIGHTLY AT SAINT JOHN'S COLLEGE. THE MISSIONER WILL BE BISHOP LAISH BOYD. THEME: *"GOD HAS A MISSION FOR YOU"*.



The Clergy and Parish Family of Holy Cross extend a very warm welcome to The Hon. Earl Deveaux, Minister of Environment and FNM Representative for the Marathon Constituency and Mrs. Deveaux, along with some members of the Marathon Constituency as they join us in worship today at our 9:00 a.m. Family Eucharist.

PRAYER BOX AND PRAYER REQUEST FORMS

The Prayer Box is situated at the left of the Church as you enter, and the Prayer Request forms are on the Usher Stand. Please use the Prayer Request Form, when in need, and drop it into the Prayer Box, which is opened when the Prayer Group meets on Mondays.



LENT

Lent is a season of preparation for Easter. It is marked by prayer, fasting and other acts of self-denial, spiritual discipline and a focus on spiritual house-cleaning by individual Christians. Lent lasts for 40 days.

In the early church candidates for baptism were prepared in the weeks before Easter so that the baptism could be performed at Easter. The prayer, fasting devotional exercises and discipline of the candidates encouraged other Christians to engage in the same practices to prepare themselves for Easter. It became the practice of Christians in general to observe this period of preparation before Easter, and that practice has continued until this day.

Lent is a time meant to be in contrast to our regular mode of operation and so the characteristics of Lent make it non-festive and quite different from the routine.

- (1) The colour for the season is purple, a penitential (sorrowful, mournful) colour indicating that we are sorry for our sins.
- (2) No flowers are used in Church.
- (3) The Gloria in Excelsis, hymn of praise (*Glory to God in the Highest, and Peace to His people on Earth*" etc.) is omitted.
- (4) The traditional practice is that weddings and parties (festive events) do not take place in Lent.
- (5) Christians engage in extra acts of charity, almsgiving, and attend more worship services than usual. Persons fast and also give up something for the season (sweets, ice cream, a TV programme, cigarettes) some small things which will be enough of an inconvenience to remind us of our self-denial and self-sacrifice.

These outward signs are meant to be symbols only of the inner and devotional activity in each heart and life.

FROM THE RECTOR'S DESK



Dear People of God,

Once more we have been given the opportunity to observe the Holy Season of Lent. This is the most solemn season in the Liturgical year: And you and I are asked to discipline ourselves through prayer, fasting and almsgiving.

This Season of Lent could not have come at a better time for us; most of us are consumed by the bad news that we have been hearing about the economy and the state of the world. Many of us have been very busy trying to cope with our various circumstances and situations. Some of us have actually forgotten whom we are and whose we are. We have forgotten who is in charge. Therefore this Season of Lent gives us the opportunity to get back on track; to gain focus. During the Season of Lent we are constantly reminded of our need for God and our need to return to God.

If we want to be honest about the matter we will be quick to acknowledge that we have strayed away from God, we have been busy doing our “own thing”; we have missed the mark.

We are also reminded during Lent of our frailty as human beings and the uncertainty of life. The ashes used on Ash Wednesday remind us that “Dust we are and unto dust we will return”. The ashes also remind us of our need for repentance. All of us have sinned against God and our brothers and sisters. We need to ask for forgiveness from God and our neighbours.

Every year during Lent, we endeavour to give up on many of those things that are near and dear to us. Some of us are successful while some of us are successful only for a week or two.

As we seek to give up for Lent, let us seek to take on for Lent. Let us take on positive attitudes. Let us take on some of those individuals that we have been pretending we have not seen and as far as we are concerned, they do

not exist. Let us take on deeper spiritual encounters. Let us take on that young child or old person that is crying out for help.

Friends, it is my hope and prayer that this Lenten Season will not be business as usual but rather it will be the most meaningful one for all of us.

May God give you the grace to endure. May His Holy Spirit fill you with His peace, and may the Joy of the Lord be your strength.

Fr. Norman +

PARISH NOTICES

Bible Study

- ◆ Tuesday Bible Study will meet on 3rd March 2009 at 7:00 p.m.
- ◆ Wednesday Bible Study will meet on 4th March 2009 at 7:30 p.m.

Healthy Templers

Healthy Templers will meet on Tuesday, 3rd March at 10:00 a.m.

A.C.W.

The A.C.W. will meet on Thursday, 5th March at the Parish Centre.

Vestry

The Vestry will meet on Monday, 9th March at 7:00 p.m. at the Parish Centre.

A.C.M.

The A.C.M. will meet on Thursday 12th March 2009 at 7:30 p.m. at the Parish Centre.

Meeting of Catechist & Lay Ministers

The Rector will meet with the Catechist and Lay Ministers on Saturday, 14th March in the Prayer Room at the Parish Centre.



A Special
THANK YOU



The Clergy wishes to thank all the members of Holy Cross who attended, and in particular those who participated in the Annual General Meeting of Holy Cross last Sunday,

Congratulations those persons who were elected to serve on the Vestry:

Sonia Adderley,
Reginald Saunders

Patricia Hermanns,
Bernard Turner



STATIONS OF THE CROSS

The following services will be held jointly with Holy Family at 7:00 p.m:

- Feb. 27th - Holy Family Church (A.C.W.)
- March 6th - Stations at Holy Cross (A.C.M.)
- March 13th - Stations at Holy Family (Choir)
- March 20th - Stations at Holy Cross (Youth)
- March 27th - Stations at Holy Family (Altar Guild)
- April 3rd - Stations at Holy Cross (Lay Ministers)

A.C.W. Annual Women's Retreat

The A.C.W. will hold its Annual Women's Retreat on Saturday, March 21, 2009 8:00 a.m.-1:00 p.m. here at Holy Cross Anglican Church. This year's Retreat is free of charge and promises to be another Spirit-filled event. **Theme: Women of God, Love in Action**".

Speakers include Rev'd Angela Palacios, Rev'd Marie Roach, Mrs. Eva Hilton. Registration forms are available at the Ushers' Desk and at the Parish Office and can be submitted to any member of the A.C.W. Executive Team.

LET US PRAY FOR

- ◆ The Strategic Planning Project for the Diocese on Mission & Ministry
- ◆ The Development of Ministries within our Parish and Diocese
- ◆ The Mission of our Parish
- ◆ The Vision for our Parish
- ◆ Our Companion School, Claridge Primary
- ◆ The Full Utilization of our Parish Centre



THE SICK: **JILLIAN BARTLETT, GAIL BOWE, SAMANTHA BOWE**, Sybil Butler, **MARY CARROLL, ANNIE CHINAFAT, PHILIP CLARKE**, Willistine Dean, Kirtley Dorsette, **GEORGE EDWARDS**, Bishop Michael Eldon, **HARRIET INGRAM**, L.B. Johnson, **INEZ KING**, Elridge Knowles, **MARSHA KNOWLES, KENWARD MAYCOCK, TAMARA MINNS, DIANNE PAROTTI, WILSON PIERRE**, Mary Hilton Pinder, Fr. Marlin Poitier of North Carolina, **FLORENCE PRATT, MARRIET ROLLE**, Elaine Sands, Claude Smith, **DUKE SMITH**, Eric Smith, **RITA SWEETING**, Elizabeth Taylor, Marina Thompson, **ROCHELLE NAIRN THURSTON, KENNETH WALCOTT**, Ethlyn Wells, **DAWN WILSON**, Terrance Winder.

AT HOME: Lena Armbrister, Dorton & Elsie Chandler, Roscoe Cleare, William Cox, Eldridge & Violet Knowles, Iva Knowles, Prescola Lockhart, Franklin Martin, William Mortimer, Vera Petrie, Bloneva Rahming, Patricia Thompson, Eloise Wilson.

OUR OVERSEAS STUDENTS: Christopher Bethel, Travis Bethel, Wilshire Bethel, Erica Bonaby, Adam Burrows, Ernest Burrows Jr., Thane Campbell, Winston Campbell, Aria Chandler, Alithia Clarke, Rasheeda Darville, Verron Darville, Gabrielle Dawkins, Jamaal Ferguson, Lenae Foulkes, Lisa Fox, Anthony Gomez, Jarrel Hall, Yasmin Hanna, Christina Hermanns, Geanne Hilton, Shani Holland, Zachary Hume, Scott Jupp, Danswell Lightbourne, Jannele Lightbourne, Tempara Lockhart, Anwar McCartney, SeDale McKenzie, Selwyn McKenzie, Gabrielle McKinney, Elam Moxey, Shari Moxey, Ava Rodland, Kenya Rolle, Bratisha Smith, Karla Wells, Kurt Wells, Kristina Wallace Whitfield, Charmaine Williams.

OUR SEMINARIANS ABROAD: Alvarado Adderley. Lynden Douglas, Whitfield Hutchison, Letha Strachan, Richard Wood.

REST IN PEACE



- John Clarke - Brother of Olga Clarke
James Williams - Brother-in-law of Priscilla Williams
Uncle of Devon Williams
Grand-uncle of Kahlil Williams
Rosie Major-Armaly - Aunt of Kenric & Sheryl Major

EXPRESSIONS OF SYMPATHY

The Clergy and Parish Family of Holy Cross wish to offer sincere condolences to the Clarke, Bethel, Williams and Major families on the passing of their loved ones. May their soul rest in peace.

HAPPY BIRTHDAY!!

- Mar. 1 - Duke Smith, Cleomi Deane, Rodney Henderson,
Alisha Bethel
Mar. 3 - Florence Gray, Janet Smith, April Turner
Mar. 4 - Freddie Campbell
Mar. 5 - Karen Walcott, Lutricia Lamm, Elaine Cooper,
Ricardo Bowe
Mar. 7 - Eloise Wilson, Nickolas Darville, Andrella Dames,
Lauryn Clarke



PRAYER CHAIN

The Prayer Chain is designed to get a continuous chain of prayer going in the event of a crisis. In case of an emergency or crisis you may contact the following persons to activate the Prayer Chain:

- | | |
|------------------------|----------|
| Mrs. Eva Hilton | 393-1804 |
| Mrs. Rose Mae Thompson | 393-2747 |
| Mr. Frank Reid | 393-2274 |
| Parish Office | 393-2428 |

UPCOMING EVENTS AND HOLY DAYS

March

- 01 - Christian Education Month
- 01 - Diocesan Mission in N.P. begins and ends on Friday, 3rd March 2009
- 01 - Sunday School Outreach & Bring A Friend Day.
- 08 - Sunday School Bake Sale
- 09 - Vestry Meeting at 7:00 p.m.
- 14 - Meeting with Catechist & Lay Ministers (Prayer Room)
- 19 - A.C.W. Anniversary Service at 7:00 p.m.
- 19-22 - A.C.M. Annual Conference here in Nassau.
- 21 - A.C.W. Women's Retreat 8:00 a.m. - 1:00 p.m.

April

- 5th - Palm Sunday
- 9th - Maundy Thursday
- 10th - Good Friday
- 12th - Easter Sunday
- 5th-11th - Holy Week
- 16th-19 - CrossFire Youth Ministries "YouthQuake '09"



ITEM FOR SALE

A Pictorial Diocesan Map featuring all the churches of the Diocese of the Bahamas and the Turks & Caicos Islands is now on sale. This Pictorial was produced by Mr. Tex Turnquest and is being sold, unframed as follows:

36" x 36" = \$200.00

18" x 18" = \$100.00

For further details contact Mr. Trevor Bethel at telephone No. 324-6878 or 364-0112 or e-mail: trevordvbethel@gmail.com.

SERMON NOTES

PREACHER: _____

SERMON TEXT: _____

Points I Want to Remember:

Illustrations I Want to Remember:

How Does This Word from God apply to My Life:

MARCH 8, 2009
SECOND SUNDAY IN LENT
YEAR B

7:00am Said Mass

Collect			Lent 2 & Ash Wednesday Pg 163	
1st Lesson	-	Fredrick Campbell	-	Genesis 22:1-14
Psalm				16:5-11
2nd Lesson	-	Sandra Campbell	-	Romans 8:31-39
Gospel				Mark 8:31-38
Intercessions	-	Disa Harper	-	Form D Pg 111

9:00am Family Eucharist

1st Lesson	-	ACW
2nd Lesson	-	ACW
Intercessions	-	ACW



Remember Him

Chalice Assistants

7:00 a.m.	-	Joey Turnquest, Darnell Adderley, Cecilia Askew
9:00 a.m.	-	Robert Bartlett, Patrick Douglas, Janet Sargent, Eddie Williams

Ushers

7:00 a.m.	-	Dorothy Godet, Jehu Edwards, Ida Moxey
9:00 a.m.	-	Elizabeth Burrows, Deidra Sands, Carla Sweeting, Patricia Fowler, Donna Darville, Laverne Thompson, Amanda Johnson

7:00 P.M. EVENSONG & BENEDICTION

Psalm			8, 84
1st Lesson	Joyce Thompson		Genesis 41:14-25
2nd Lesson	Remilda Sweeting		Mark 3:31-4:9

MASS**MORNING
PRAYERS****EVENING
PRAYERS**

<p><u>Monday, March 2</u> Collect Lent 1 pg. 193 & Ash Wednesday Leviticus 19:1-2, 11-18 Ps. 19:7-14 Matthew 25:31-46 Preface of Lent</p>	<p>Ps. 41, 52 Deuteronomy 8:11-20 Hebrews 2:11-18</p>	<p>Ps. 44 Genesis 37:1-11 John 2:1-12</p>
<p><u>Tuesday March 3</u> Collect: Lent 1 & Ash Wednesday pg 163 Isaiah 55:6-11 Ps. 34:15-22 Matthew 6:7-15 Preface of Lent</p>	<p>Ps. 45 Deuteronomy 9:4-12 Hebrews 3:1-11</p>	<p>Ps. 47, 48 Genesis 37:12-24 John 2:13-22</p>
<p><u>Wednesday, March 4</u> Collect: pg 20 #1 & Ash Wednesday pg 163 Numbers 11:16-17, 24-29 Ps. 99 1 Corinthians 3:5-11 John 4:31-38 Preface of Apostles</p>	<p>Ps. 119:49-72 Deuteronomy 9:13-21 Hebrews 3:12-19</p>	<p><u>EMBER WEDNESDAY</u> Ps. 49 (53) Genesis 37:25-36 John 2:23-3:15</p>
<p><u>Thursday, March 5</u> Collect: Lent 1 & Ash Wednesday Pg. 163 Esther 14:1-6, 12-14 (Apocrypha) Ps. 138 Matthew 7:7-12 Preface of Lent</p>	<p>Ps. 50 Deuteronomy 9:23-10:5 Hebrews 4:1-10</p>	<p>Ps. (59, 60) or 19, 46 Genesis 39:1-23 John 3:16-21</p>
<p><u>Friday, March 6</u> Collect: pg 200 # & Ash Wednesday pg 163 1 Samuel 3:1-10 Ps. 63:1-8 Matthew 9:35-38 Preface of Lent</p>	<p>Ps. 40, 54 Deuteronomy 10:12-22 Hebrews 4:11-16</p>	<p><u>EMBER FRIDAY</u> Ps. 51 Genesis 40:1-23 John 3:22-36</p>
<p><u>Saturday, March 7</u> Collect: 200 #3 & Ash Wednesday pg 163 Exodus 19:3-8 Ps. 15 1 Peter 4:7-11 Matthew 16:24-27 Preface of Lent</p>	<p>Ps. 55 Deuteronomy 11:18-28 Hebrews 5:1-10 20</p>	<p><u>EMBER SATURDAY</u> Ps. 138, 139:1-17(18-23) Genesis 41:1-13 John 4:1-26 Collect: Lent 2</p>